



The President's voice

Dear members and friends,

2013 has been a year of changes and renovation: in July the National Board has been renewed. I had the honor and privilege to be re-elected to represent the local branches and this is for me not only a reason of pride, but also a strong incentive to work even harder for the community.

I need to emphasize how the economic situation continues to create concern in all of us: donations from individuals are always fewer, the contribution from 5x1000 tax deduction remains constant even though the number of those who have chosen our Organization is increasing. This is a further sign of the financial difficulties that Italian families are facing, but it is also a clear evidence of the appreciation of the work we are doing.

I am comforted by the support of many people applying to our early diagnosis programmes. Here are some numbers confirming my words: in 2013 we carried out 3399 check-ups, 926 to members, 388 to elderly and 129 to migrants, just to give you a rough idea.

The numbers of volunteers donating their time is also increasing and we are happy to welcome some new – and young! – faces among us.

Thank you all for your support and for believing in us and in our work.

On behalf of our Board of Directors, I thank all of you.

THE PRESIDENT
Prof. Domenico Francesco Rivelli



Mission statement

To fight cancer by promoting cancer prevention through awareness campaigns, educational programs for schools and early diagnosis programs. We provide free counselling to cancer patients and their families and free support in dealing with bureaucratic and legal issues.

Primary prevention means identify causes of cancer development and avoid factors that could increase risk.

The German philosopher, Ludwig Feuerbach, stated “**We are what we eat**”. Therefore, we should always choose the best foods for us. This is not only important for our overall health and physical fitness, but also, to prevent and overcome cancer, one of the leading causes of death worldwide.

Improper nutrition is the cause of about 35% of all cancers.

We promote awareness campaigns, provide nutrition education, organize anti-smoking courses to help people who want to quit smoking and educational programs in schools to promote healthy lifestyles.

Early diagnosis screening exams are used to **identify tumors or cancerous cells at an early stage**. The goal is **to reduce mortality rates**, lessen the invasiveness of treatment options, and **improve the overall quality of life** of cancer patients.

The clinic at LILT Bologna, offers early diagnosis exams to LILT members of all ages. We aim to spread the importance of early diagnosis through awareness campaigns throughout the community. Cancer screenings are equally important for the over sixty population. LILT posts opportunities for early diagnosis exams at Social and Community Centers in Bologna and throughout the province.

And we also...

take care of the patients and their families providing free counseling for cancer patients and their families and support in dealing with bureaucratic issues.



A Path to Fight Cancer



Prevention:

Awareness Campaigns

Edu programs for schools

Anti tobacco programmes

Early Diagnosis

Cancer Patient Support:

Counseling

"Oncologo Amico"

Support on bureaucratic issues



2013 HIGHLIGHTS

3.399 early diagnosis checkups and exams

1.241 checkups to control moles for melanoma prevention

60 thyroidal ultrasounds

598 abdominal ultrasounds

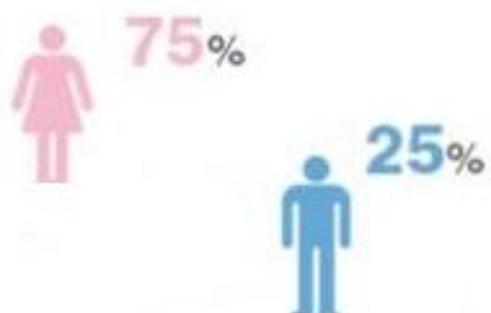
801 breast cancer prevention checkups – **580** breast ultrasounds done

539 women applied to the Pink Ribbon Campaign for breast cancer early detection

129 women applied to the “Prevention regardless ethnicity” project

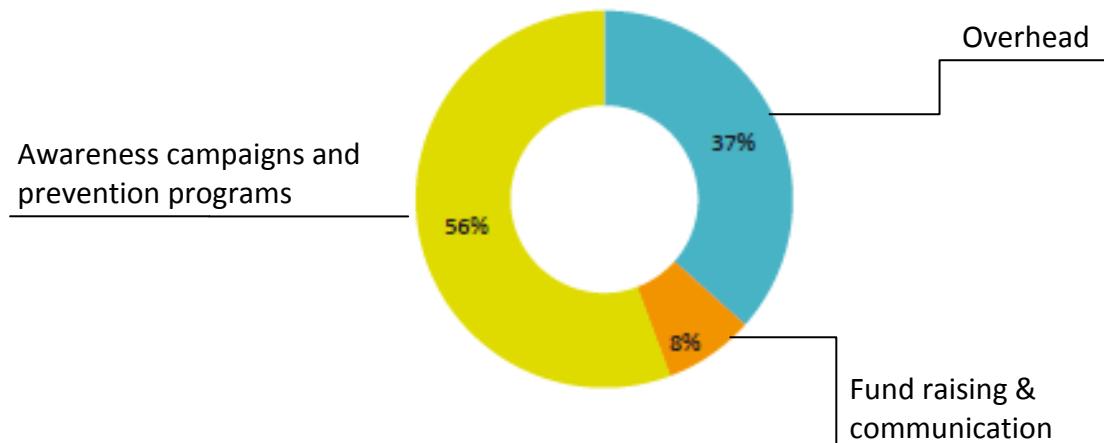
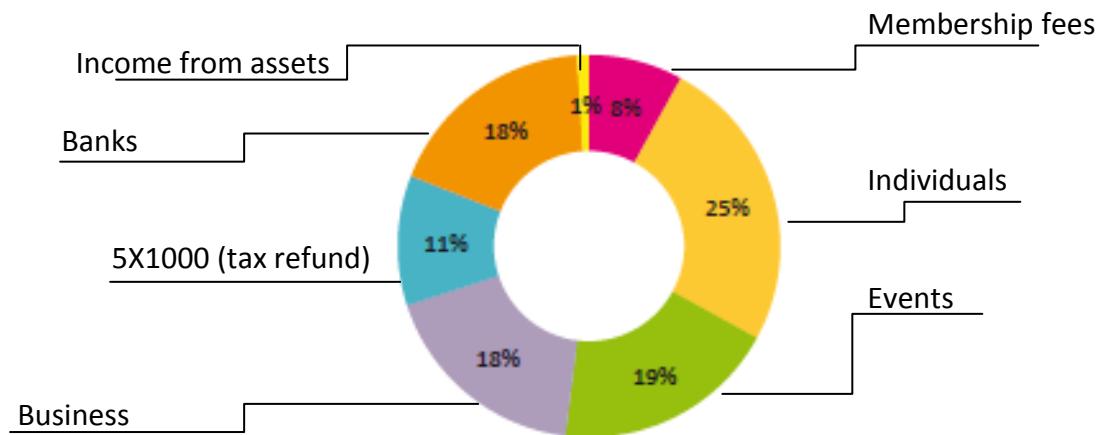
332 pap test

388 early diagnosis checkups performed on elderly people





FINANCIALS



	2013	2012
INCOME SOURCES		
Membership fees	19.330	21.765
Individuals	64.238	54.693
Events	48.600	59.933
Business	44.956	33.312
5X1000 (tax refund)	26.900	27.578
Banks	46.085	46.700
Income from assets	2.934	4.414
Total	253.043	248.394

	2013	2012
EXPENSES		
Overhead	88.206	81.161
Fund Raising & communication	18.605	18.692
Awareness campaigns and prevention programmes	134.196	143.864
Total	241.007	243.717



A Network against Cancer

Lilt is in contact with other international cancer organizations to keep abreast of the most recent and innovative approaches in the battle against cancer.

"A network against cancer" aims to become a virtual space where different cancer charities and organizations, based in different countries share ideas. A virtual space where cancer patients, their families, survivors and anyone willing to join the battle against cancer can find information, different perspectives, insights and analysis.





The reasons why I like to volunteer to Lilt

Because I feel I'm doing something really useful and good.

Because I can stay in contact with many people who enrich me humanely, everyone from patients to other volunteers.

Because I can interact with people who work with generosity, for an higher purpose.

Because I am surrounded by so much humanity and sensitivity.

Because I can be myself: look, heritage, social class, nationality, skills and background do not matter here! Everybody is equally important.

Because I receive a "thank you" for what I do, because nothing is taken for granted, and even the smallest contribution is considered to be a great help.

Because everybody is free to propose ideas and personally take action to achieve them.

Because you are not just a number among many others, but you are treated as a person, a human being, and in a friendly and welcoming way.

Because you it is a serene, cozy, relaxed environment.

Because when I walk out that door on Via Turati 67 I feel calm, satisfied and gratified.

- Silvia, volunteer



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