



Mission statement

LILT was born to support people in their fight against cancer.

Aware that our behaviors are an important weapon to defend our health, we support the cancer prevention through information and awareness campaigns and we promote early diagnosis programs.

Prevention means taking care of ourselves in order to improve the quality of life, to invest in ourselves, to become responsible citizens of our own health: a precious and indispensable condition for a peaceful life.

***We believe in an approach that takes into account the person as a whole,
a network of solidarity which helps people to take care of themselves even during illness.***

We want to assure everyone the certainty of not being alone.



We develop our mission through

Primary prevention: it aims to make the population of all ages aware of the importance of a correct lifestyle to prevent cancer.

The German philosopher, Ludwig Feuerbach, stated “We are what we eat”. Therefore, we should always choose the best foods for us. This is not only important for our overall health and physical fitness, but also, to prevent and overcome cancer, one of the leading causes of death worldwide.

Improper nutrition is the cause of about 35% of all cancers.

The addiction to smoking is a cause of some 30 diseases including chronic bronchitis, various chronic lung diseases, various cancers, heart and diseases. Smoking is one of the most important healthcare issues in our country and the world. **Quitting smoking is the most important thing you can do to protect your health and that of those around you.**

We therefore promote awareness campaigns, we provide nutrition education, we organize anti-smoking courses and educational programs in schools to promote healthy lifestyles.

Safe cosmetics campaign: we all should learn to protect our health and the health of our loved ones by reducing cancer risk factors associated with exposure to potentially harmful chemicals. We should choose products for our personal care and house maintenance always checking the label, making sure that the products we use every day do not contain ingredients potentially harmful and carcinogenic. On our website there is a list of ingredients one should avoid.

Early diagnosis checkups and exams are used to **identify tumors or cancerous cells at an early stage, to reduce mortality rates**, lessen the invasiveness of treatment options, and **improve the overall quality of life** of cancer patients.

We offers early diagnosis exams to LILT members of all ages. We aim to spread the importance of early diagnosis through awareness campaigns throughout the community. Cancer screenings are equally important for the over sixty population. LILT posts opportunities for early diagnosis exams at Social and Community Centers in Bologna and throughout the province.

We are a reference point for cancer patients and their loved ones. An oncologist and a counselor are available, by appointment and free of charge, to offer their professional expertise: clarifying questions about the disease, addressing and dispelling fears, help cancer patients understand and onset of the disease and regain their dignity.

We also organize self-help groups, we provides free advice to patients and their families regarding their rights. We promote psychophysical support for cancer patients through a wide range of activities such as Nordic Walking, Horticultural Therapy, yoga, Tai-ji, Qi gong, nutrition classes, Oncology Esthetics workshops...



2015 HIGHLIGHTS

3.329 early diagnosis checkups and exams

1.434 checkups to control moles for melanoma prevention

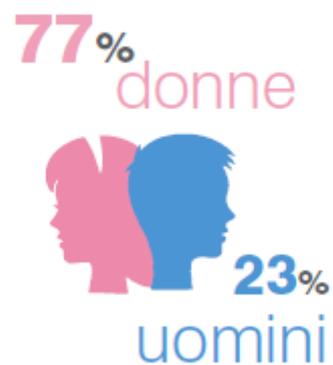
84 thyroidal ultrasounds

432 abdominal ultrasounds

493 prostatic ultrasounds

739 breast cancer prevention checkups – **588** breast ultrasounds done

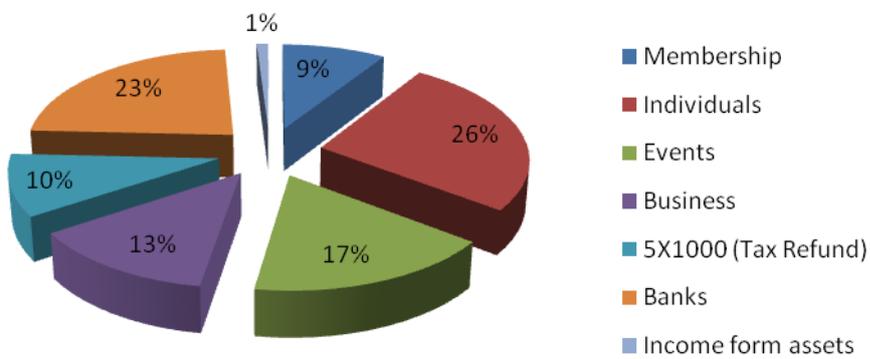
492 pap test



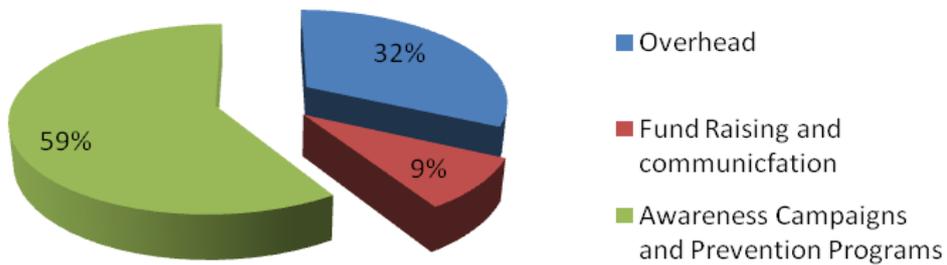


FINANCIALS

INCOME SOURCES



EXPENSES

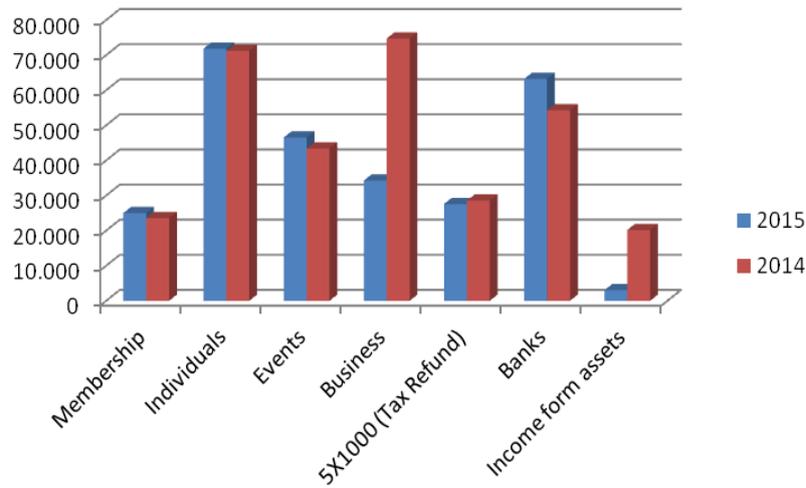




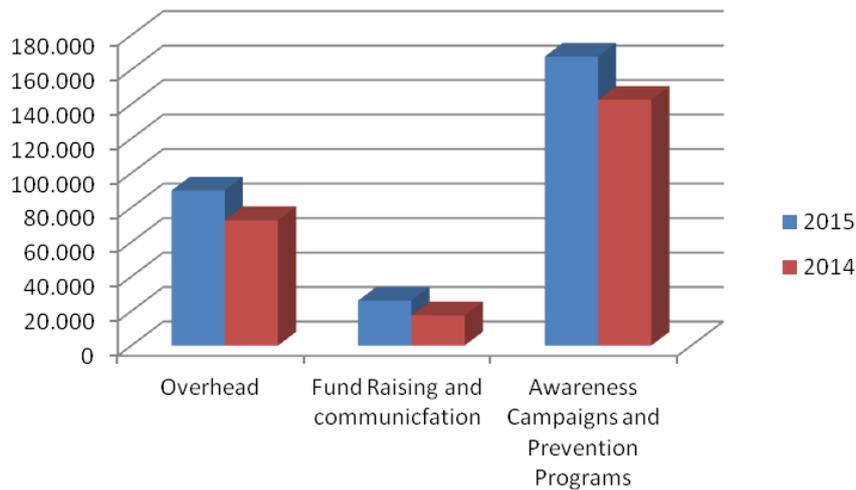
	2015	2014
INCOME SOURCES		
Membership fees	25.000	23.595
Individuals	71.843	71.215
Events	46.525	43.398
Business	34.275	74.753
5X1000 (tax refund)	27.582	28.542
Banks	63.231	54.308
Income from assets	3.003	20.192
Total	271.457	316.002

	2015	2014
EXPENSES		
Overhead	89.851	72.677
Fund Raising & communication	26.018	17.443
Awareness campaigns and prevention programmes	167.572	142.452
Total	283.441	232.572

INCOME SOURCES



EXPENSES





Board of Directors & Staff members

President - RIVELLI Domenico Francesco

Vice President - STIGNANI Piera

Board Members

MARESCOTTI Ivano

MATTIOLI OVIGLIO Maria Claudia

MESORACA Rosaria

Auditors

BUSCAROLI Francesca

MARISALDI Monica

PRETI Patrizia

Staff

Giorgia Buselli - Director of Projects & Fundraising

Silvia Tugnoli / Paola Valmassoi - Secretary & Front Office

Elisabetta Ramenghi - Accountant

Medical staff

d.ssa Elide Carlà - Dermatologist

d.ssa Danila Fabbri – Oncologist

d.ssa Michela Magnano - Dermatologist

Partners

d.ssa Claudia Cambria - Dietician

d.ssa Lea Godino - Cancer Genetics

dott. Massimo Serra - Counselor / Addiction Counseling

d.ssa Sabrina Maini - Psychologist